

# Healthy Budget Friendly 3 Course Family Meals

Includes For Each Guest

One Appetizer, One Entree, One Side, and One Dessert

## Appetizers

### Choice of Dumplings

*4 Leek and Scallion, or 4 Pumpkin, or  
4 Spicy Beef*

### Quroti

*Toasted Afghan bread, topped with  
minced beef and finished off with a  
warm yogurt puree*

### Choice of Turnovers

*4 Potato & Leek, or 4 Pumpkin, or 4  
Sabzi, or 4 Sambosa*

## Lamb Stews

### Lamb Shank Moghuli

*Bone-in lamb shank and roasted  
eggplant slowly cooked together in a  
spicy tomato based stew, infused with  
garam masala.*

### Lamb Shank Sabzi Moghuli

*Bone-in lamb shank and mixed greens  
slowly cooked together in a spicy tomato  
based stew infused with garam masala.*

## Chicken Stews

### Chicken Lawaan

*Boneless chicken slowly cooked in a  
yogurt based stew, infused with garlic  
and cilantro.*

### Chicken Sabzi Lawaan

*Boneless chicken with slowly cooked  
greens, blended together in a yogurt  
based stew.*

### Chicken Aracosian

*Boneless chicken with roasted eggplant  
slowly cooked in a tomato based stew  
infused with garam masala.*

### Rumi's Chicken

*Boneless chicken slowly cooked in a  
sweet and spicy tomato based stew.*

### Chicken Karahi

*Boneless chicken with roasted eggplant  
slowly cooked together in a spicy tomato  
based stew*

### Saffron Chicken

*Boneless chicken slowly cooked in yogurt  
based stew, infused with saffron, lemon  
and dill.*

## Vegetarian Stews

All can be prepared Vegan

### Baadenjaan Moghuli

*Roasted eggplant slowly cooked in a  
tomato based stew mixed with garam  
masala,*

### Sabzi Lawaan

*Spinach, kale, mustard greens,  
turnip leaves, collard greens stewed  
in a yogurt base*

### Sabzi Moghuli

*Spinach, kale, mustard greens,  
turnip leaves, collard greens, and  
herbs slowly cooked in a tomato  
based stew*

### Kachaloo with Mushroom & Sabzi Lawaan

*Potato qorma, mushrooms and our  
slow cooked greens stewed in a  
yogurt based sauce infused with  
garlic,*

All stews are accompanied with basmati rice

## Sides

### Roasted Eggplant

### Roasted Butternut Squash

### Potato qorma

### Sabzi

## Desserts

### Firni

*Light milk Afghan pudding infused  
with cardamom and a hint rose water,  
topped off with crushed pistachios.*

### Sheer Birinj

*Afghan rice pudding infused with  
saffron, cardamom, and topped off  
with crushed pistachios.*

All Meals include complimentary Bread and Chutneys

Early Bird Special for orders placed  
between 12PM and 3pm, pickup no  
later than 4pm please.

**\$16.95 per guest**

Minimum of four guests please

**Order: 703-337-4722**